Association of Polysomnographic Technologists

A non-profit, international professional membership society for Sleep Technologists

Polysomnographic Tech

Position Summary

- Works under the general supervision of the clinical director (M.D., D.O., or PhD) or designee to provide comprehensive evaluation and treatment of sleep disorders. This may involve polysomnography, diagnostic and therapeutic services or patient care and education. A Polysomnographic Technologist can perform the duties defined for a Polysomnographic Technician and may provide oversight of other staff.

Domains of Practice

Gather and Analyze Patient Information

- Collect, analyze and integrate patient information in order to identify and meet the patient-specific needs (Physical/mental limitations, current emotional/physiological status regarding the testing procedure, pertinent medical/social history), and to determine final testing parameters/procedures in conjunction with the ordering physician or clinical director and laboratory protocols.
- Complete and verify documentation.
- Explain pre-testing, testing, and post-testing procedures to the patient.

Who is APT?

- Current membership 2348
- Demographics:

  2192 US Members

  121 Canadian

  35 Other International

  - 35% East Coast
  - 23% Southern
  - 22% Midwest
  - 13% West Coast
  - 7% International

Mission Statement

- The APT is an international society of professionals dedicated to improving the quality of sleep and wakefulness in all people.

Vision Statement

Wake Our World (WOW)

- To Foster and facilitate sleep hygiene, which will enhance the health and well being of society

Strategic Goals

APT Strives to Wake our World by:

- Promoting and advancing the development of professional competency through education
- Establishing and maintaining professional standards
- Providing sleep/wake education and increased awareness to the public and health care professionals
- Increasing visibility of and advocacy for the profession

Committees

- Executive Committee
- Education
- Communications
- Legislative Review
- Curriculum Development
- Membership
- Leadership Development
- Awards
- Policy & Procedure

Education

- Annual Meeting Program
- Course Program Development
- Oversees the APT Continuing Education Credits Program
- Development of all educational products:

  CDROM

  Interactive Streaming Video Lectures for Web

  Audio/Video Tapes of Lectures

Communication

- Editorial and Production responsibilities for Quarterly Journal A2zzz
- Membership Communications
- Web site

Legislative Review

- Federal and State Regulatory review
- Provides APT representatives for meetings and hearings as necessary to represent the polysomnographic technologist’s perspective

Curriculum Steering Committee

- Steering Committee comprised of RPSGTs, Boarded Sleep Doctor, RRT, END
- Each Steering Committee member serves as separate committee chair to focus on specific details

Curriculum Committee: Mission & Goals

- To enhance the professional competence and quality of sleep technologists by producing standardized training materials directly related to the competencies for certification by the BRPT.
- Produce a comprehensive curriculum outline
- Produce an annotated bibliography of existing educational and assessment materials
- Produce model syllabi and related lesson plans
- Creation and publication of various types of teaching/learning materials including textbooks, manuals, videos and web based training
- Create a series of self-assessment packages
- Develop Accreditation specifications for training sites, training programs, teaching and supervisory faculty

Policy & Procedure

- Currently developing a policy and procedures manual for operation and administration of a sleep disorders laboratory/center
- Expected release date of January 2002

Summary

Focal Points for APT:

- Continuing Education for PSG Professionals
- Standardized Quality Education for those entering the field
- Promoting and Advancing the professional field of polysomnography
- Providing professional support and resources for membership